



**RECCE ARMA MEDICAL SOP's
THIS IS A BASIC MEDICAL GUIDELINE.**

ALL OPERATORS SHOULD FAMILIARISE THEMSELVES WITH THE ACE MEDICAL FUNCTIONS.

A. RECOMMENDED LOADOUTS

<u>Item</u>	<u>Operators</u>	<u>Dedicated Medic</u>
Bandages –Elastic	5	20
Bandages –Packing	5	20
Bandages –Field Dressing	5	20
Epinephrine	1	10
Morphine	1	10
Tourniquet	1	5
1000ml Saline Solution		7
Surgical Kit		1

B. IN-FIELD PROTOCOL

Considerations for applying Bandages (Also refer to Chart attached for Advanced):

- Elastic Bandages stops bleeding the best, but comes off very easily.
- Field Dressing does not stop bleeding as well, but does not come off easily.

1. Operators

- Check patient for bleeding. If patient is bleeding:
 - For severely bleeding limbs, apply tourniquet first.
 - Apply bandages to bleeding area.
 - Bandage tourniqueted limbs last, and then immediately remove tourniquet.
- If patient is in pain, inject 1 x Morphine measure –only 1.
- If you are unable to control bleeding or get patient conscious, acquire assistance from Medic.

2. Dedicated Medic/Doctor

- If Patient is unconscious:
 - Heart Rate:** To be between 60 and 100 –
 - Unstable or None: Give CPR.
 - Low: Administer 1 x Epi.
 - High: Administer 1 x Morphine.
 - Blood Pressure:** To be between 100/60 and 160/100 –Administer Saline to raise.
- Bandaged Patients:**
Bandages applied in the field may come lose.
 - Re-dress wound and administer Saline where necessary for blood loss.
 - Get patient to medical facility, and perform surgery there to remove any objects and stitch up the wound.

***Only Medical Personnel can administer Saline and use surgical kits.

***Surgery can only be performed at Medical Facilities.